

# LAHÉ

## SPA SERVICES

### FULL BODY

#### **AROMA THERAPY – 60 MINS – Rs. 2,000**

A FULL BODY MASSAGE THAT UNLEASHES THE HEALING POWER OF AROMATIC OILS FOR A SOOTHING EXPERIENCE.

#### **ABHYANGAM THERAPY – 45 MINS – Rs. 1,800**

A SYNCHRONIZED, RELAXING WHOLE BODY MASSAGE USING VARIOUS HERBAL AND MEDICATED OILS, WHICH HELPS TO IMPROVE PHYSICAL FITNESS AND INDUCES EXTRA ENERGY.

#### **TRADITIONAL THAI MASSAGE WITHOUT OIL – 45 MINS – Rs. 1,800**

PRESSURE POINT THERAPY IS USED TO TREAT THE FULL BODY TO EASE STRESS AND JOINT PAINS; REDUCE TENSION AND INFLAMMATION; AND BOOST BLOOD CIRCULATION.

## **TRADITIONAL THAI MASSAGE WITH OIL – 60 MINS – Rs. 2,200**

PRESSURE POINT THERAPY (USING OILS) IS USED TO TREAT THE FULL BODY TO EASE STRESS AND JOINT PAINS; REDUCE TENSION AND INFLAMMATION; AND BOOST BLOOD CIRCULATION.

## **DEEP TISSUE – 45 MINS – Rs. 1,800**

A THERAPEUTIC TREATMENT THAT USES ACUPRESSURE TECHNIQUES TO RELIEVE STRESS AND IMPROVE POSTURE.

## **PREMIUM THERAPY – 60 MINS – Rs. 2,000**

AN OIL MASSAGE THAT IS RECOMMENDED FOR THOSE THAT ARE PRONE TO HIGH WATER RETENTION.

## **BODY THERAPY – 60 MINS – Rs. 2,000**

AN OIL MASSAGE THAT AIDS IN LYMPHATIC DRAINAGE TO AVOID CRAMPS AND MUSCLE PULLS.

## **CHARAIDEW II SIGNATURE THERAPY – 120 MINS – Rs. 3,500**

A THREE-PART THERAPY: STARTING OFF WITH AN ALOE VERA CLEANSE, FOLLOWED BY A FRUIT SCRUB, AND FINISHING OFF WITH A FULL BODY OIL MASSAGE.

## PART BODY

FOOT REFLEXOLOGY – 30 MINS – RS. 1,000

HAND & FEET MASSAGE – 30 MINS – RS. 1,000

HEAD & NECK MASSAGE – 30 MINS – RS. 1,000

THAI BACK MASSAGE – 30 MINS – RS. 1,200

MANICURE – 30 MINS – RS. 700

PEDICURE – 45 MINS – RS. 900

MANICURE & PEDICURE – 80 MINS – RS. 1,500

## FACE SPA

GOLD FACE SPA – 45 MINS – RS. 1,400

FRUIT FACE SPA – 45 MINS – RS. 1,400

DIAMOND FACE SPA – 45 MINS – RS. 1,400

GOVT. TAXES @ 18% EXTRA